

AMERICAN ODYSSEUS SAILING FOUNDATION

TAYLOR GRIEGER

Founder | Director of Operations

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Taylor Grieger served as a United States Navy Rescue Swimmer/ Door-Gunner from 2010-2016. During that time, he was stationed with Helicopter Sea Combat Squadron 25 (HSC-25) in Guam, USA; completing 4 deployments that spanned the theater between Australia and Japan. On those deployments he flew on a variety of missions that ranged from providing overwatch in Brunei while working with the United States Secret Service Security and Advance Team, to providing Humanitarian Relief/ Aid in the Northern Marianas islands & Philippines following each Typhoon season.

Upon his release from the military, Taylor had a difficult time assimilating to civilian society. He turned to alcohol and quickly fell into PTSD death spiral. After a failed attempt at taking his own life, and after losing a handful of his brothers to suicide, Taylor decided to set sail for Cape Horn "The Mt. Everest of the Seas" in order to raise awareness for the Veteran Suicide epidemic happening in the States.

55,000+ nautical miles later and 70 foot seas in his wake, Taylor and his team have released the documentary covering this expedition, *Hell or High Seas*. He has since founded the American Odysseus Sailing Foundation (AMOD) in order to continue bringing veterans and first responders over the horizon to experience first-hand the healing Adventure Therapy (AT) can bring.